

Placements interENS 2023

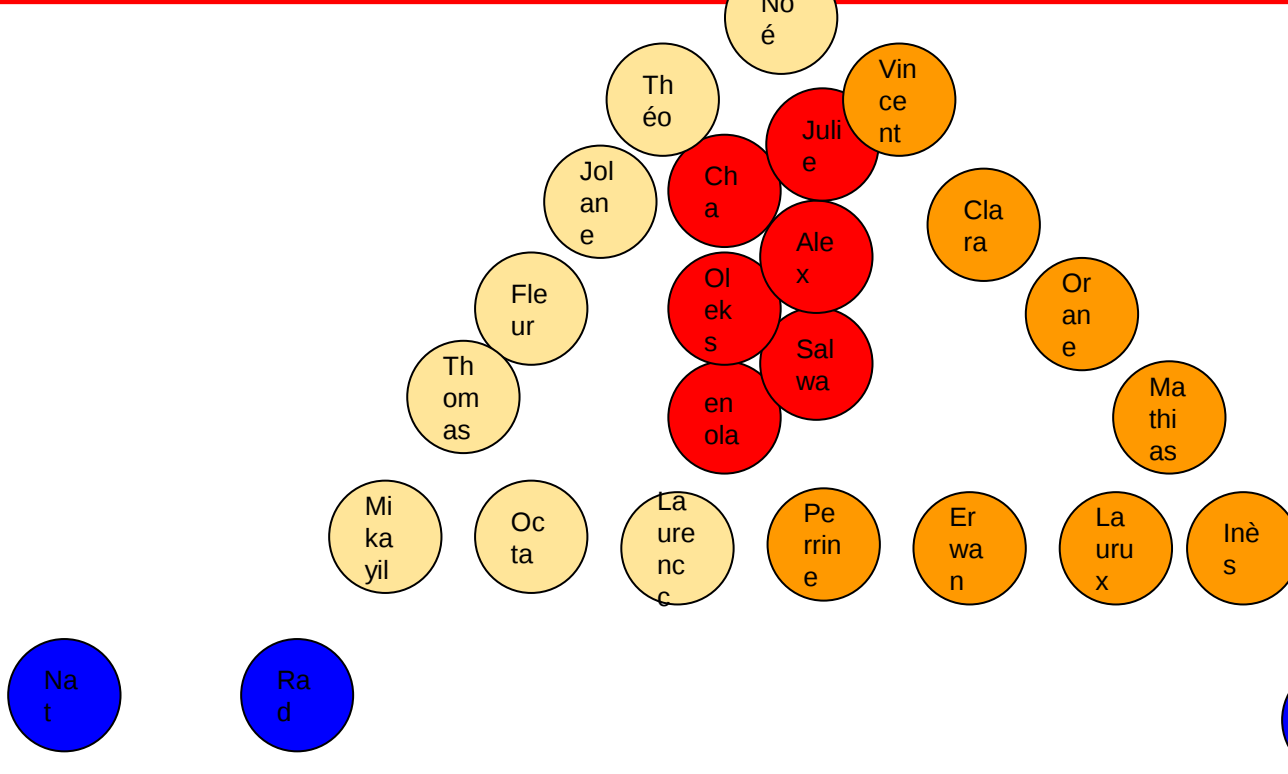


Placement



Déplacement

26 personnes



cours de hanches

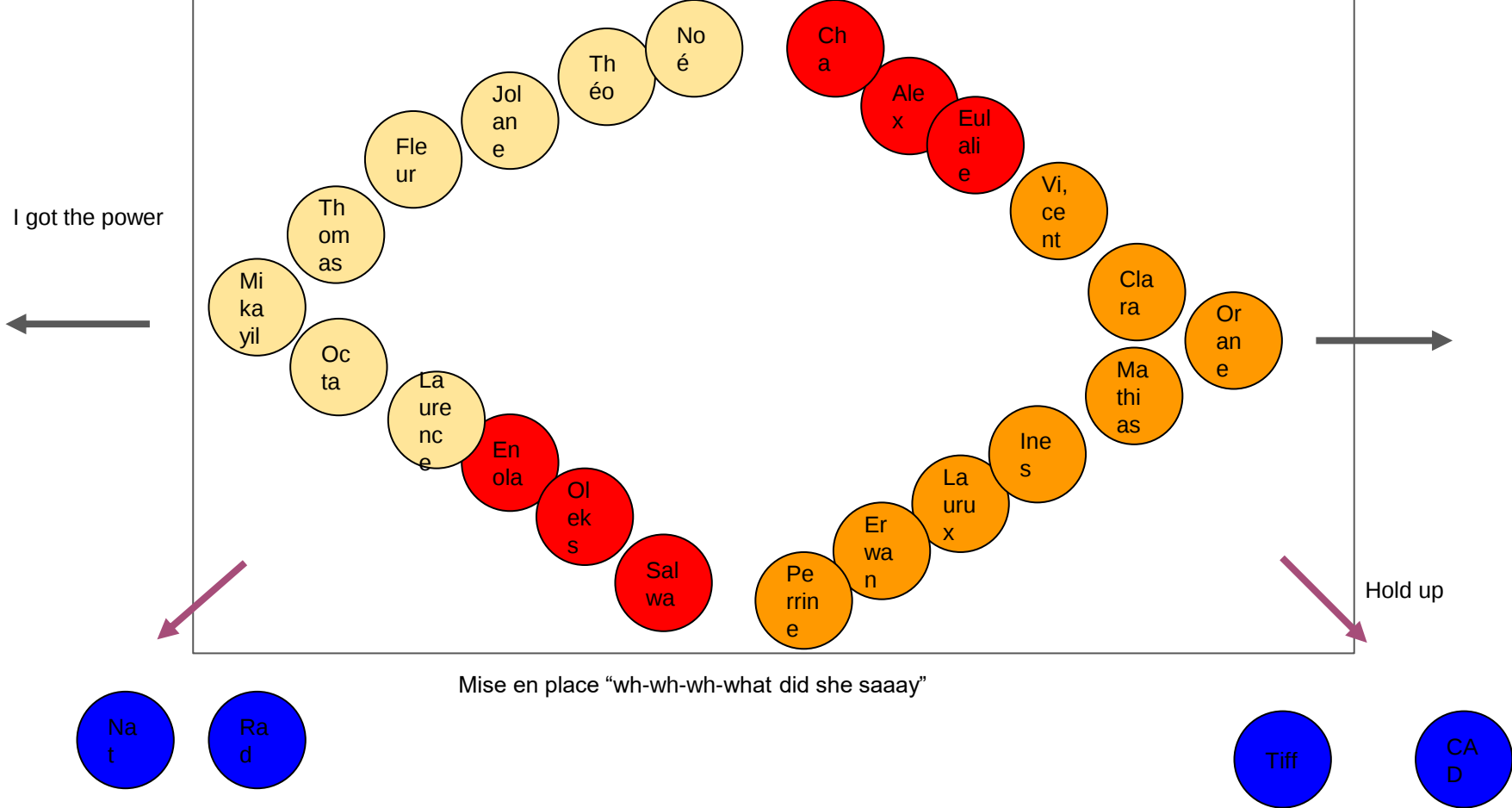


Font un triangle autour "I" avec pompoms

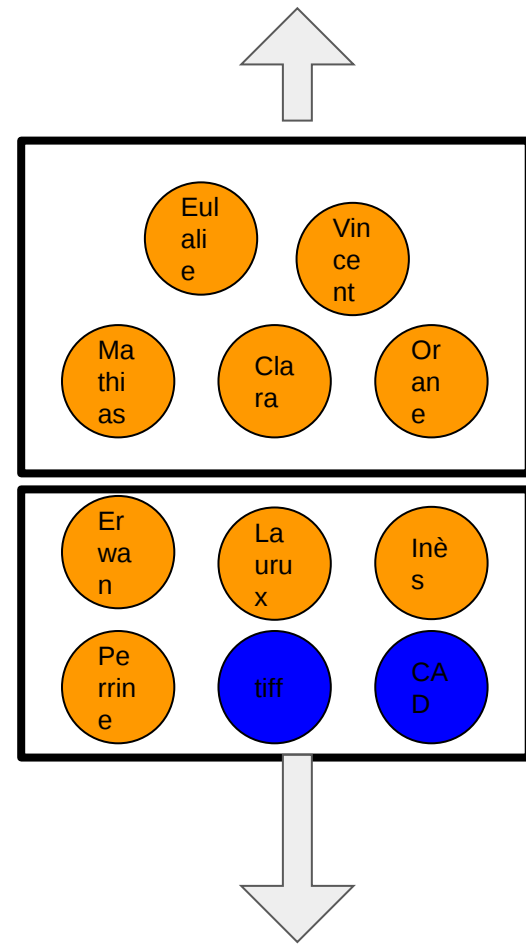
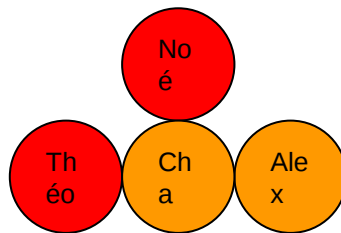
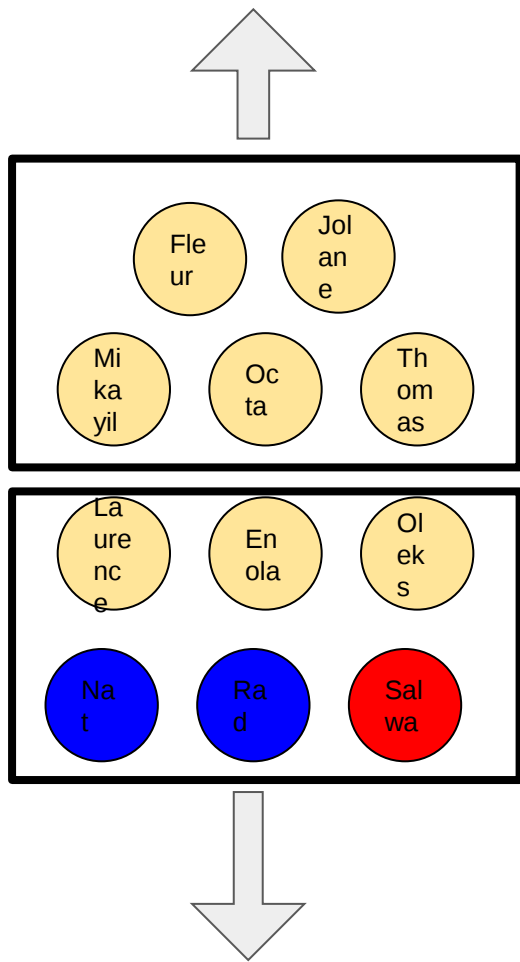


font "I" avec pompom

Intro - Avast

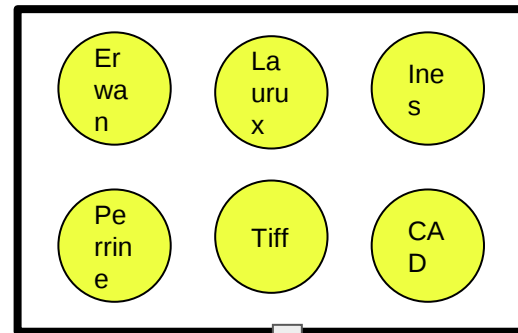
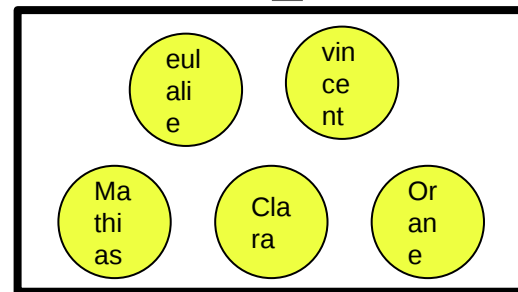
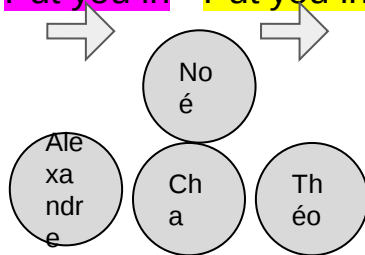
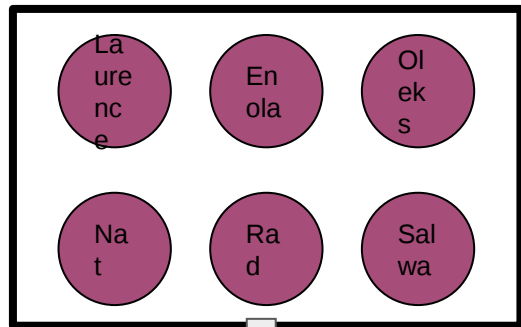
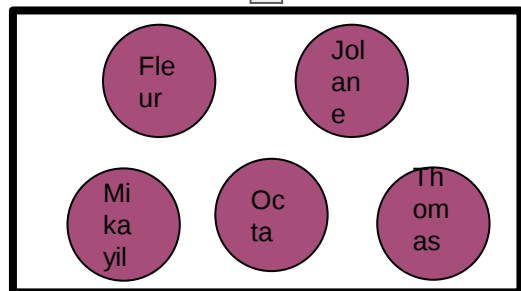


Intro - Mamacita

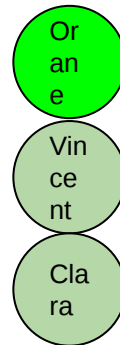
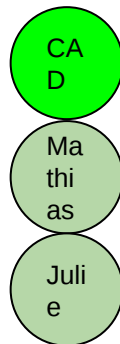
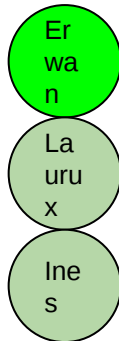
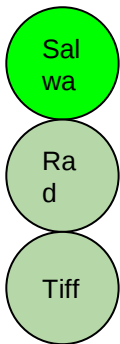
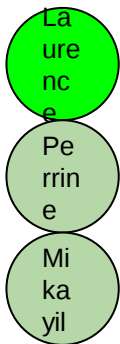
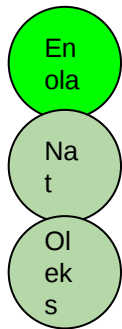
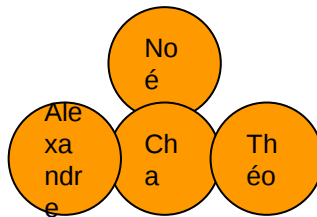
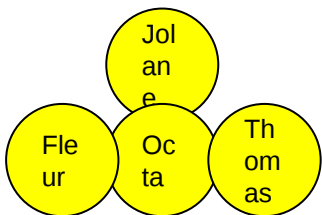


Mamacita - put you in the mix

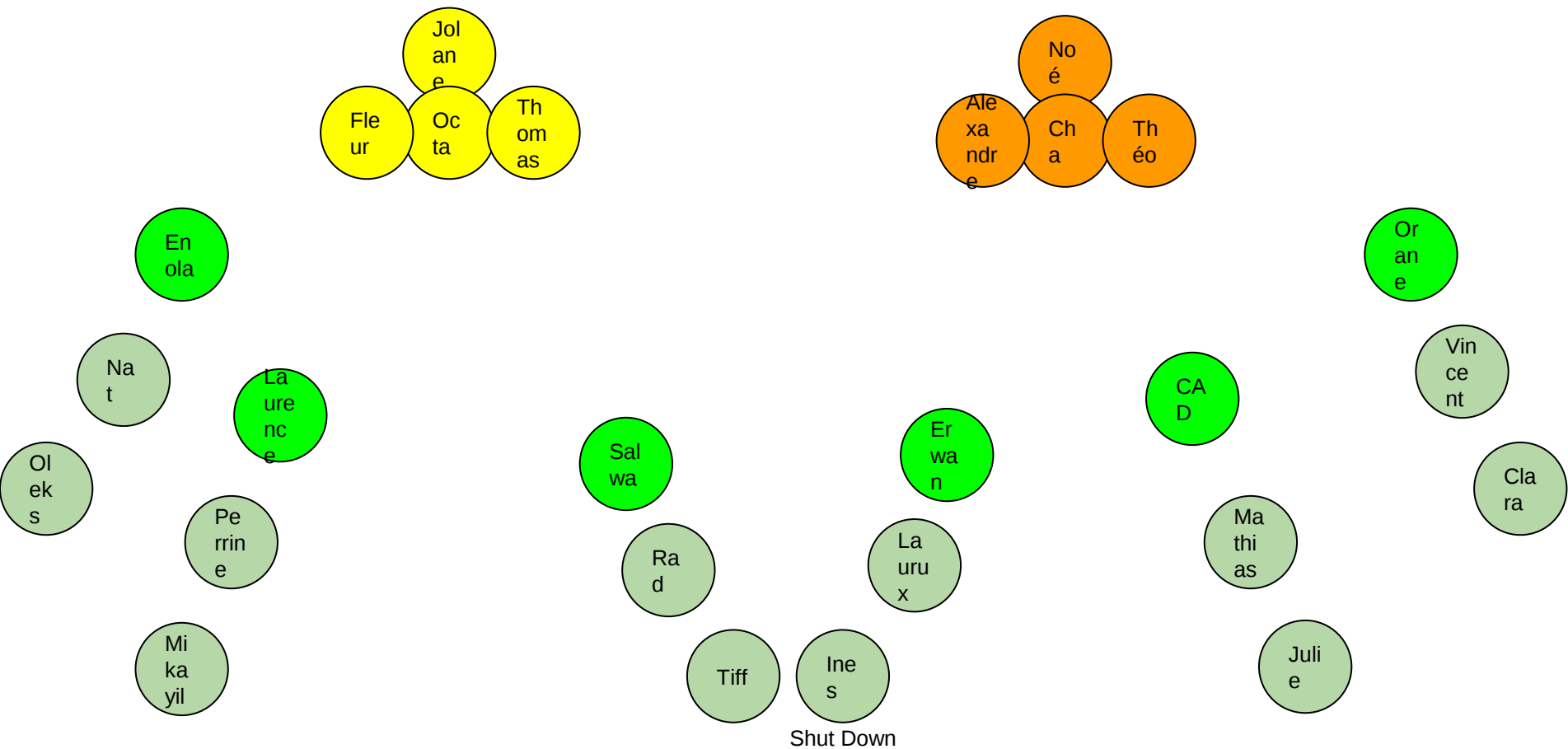
Put you in the mix - Put you in the mix - Put you in - Put you in - Put you in

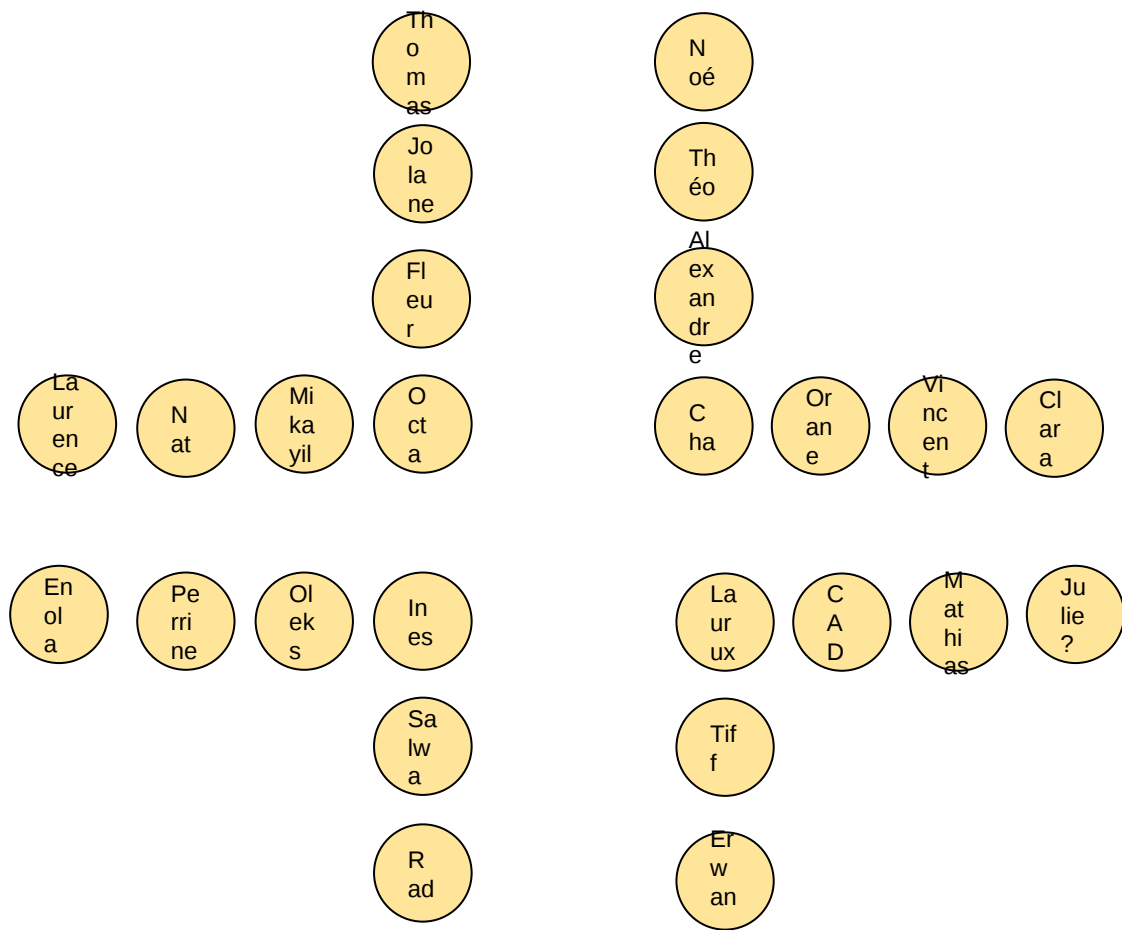


Mamacita - put you in the mix

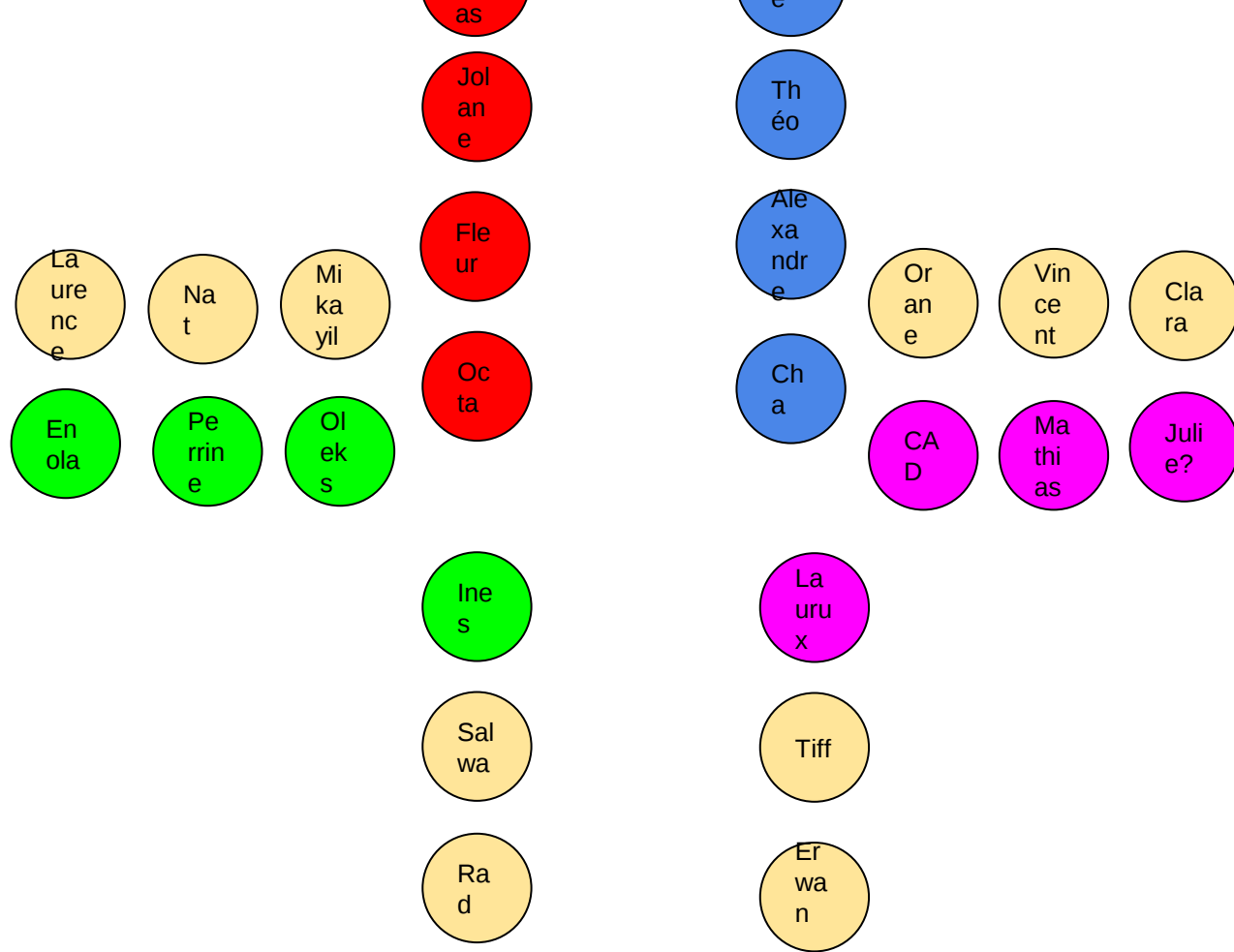


Shut Down (deshivation)

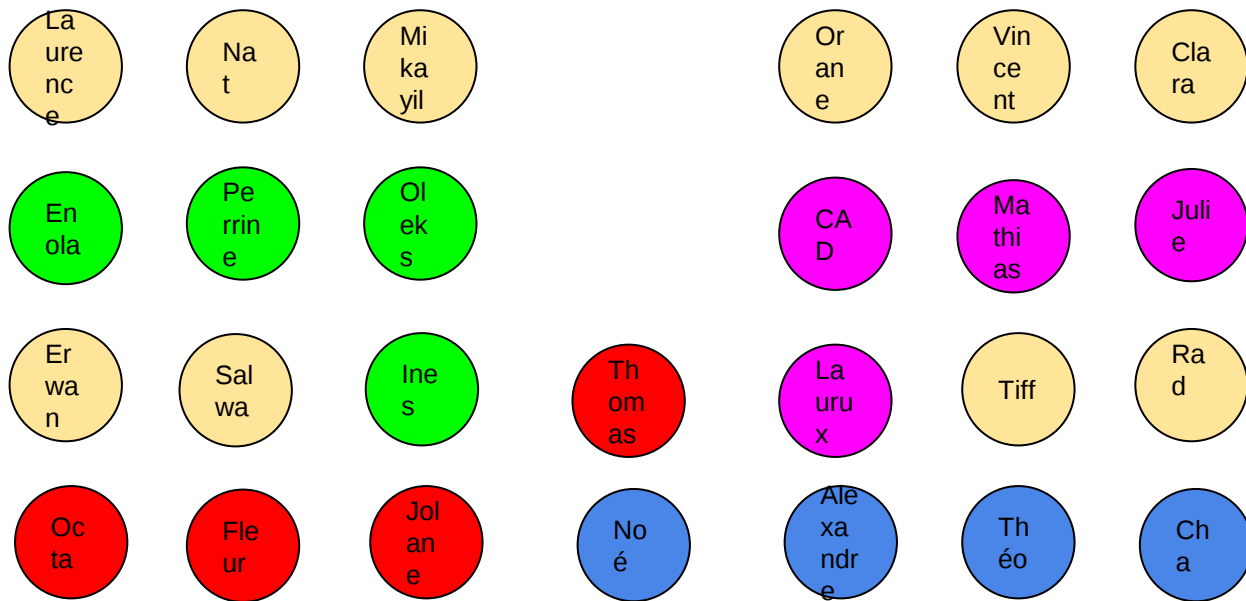




Sweetest pie début

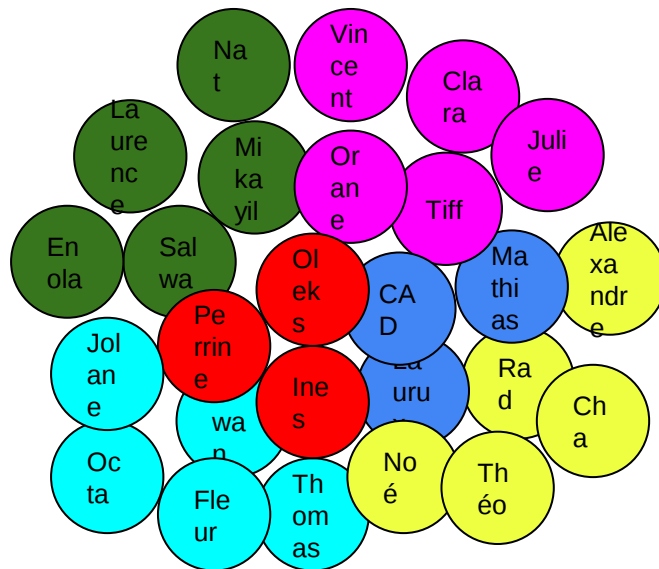


Sweetest pie début

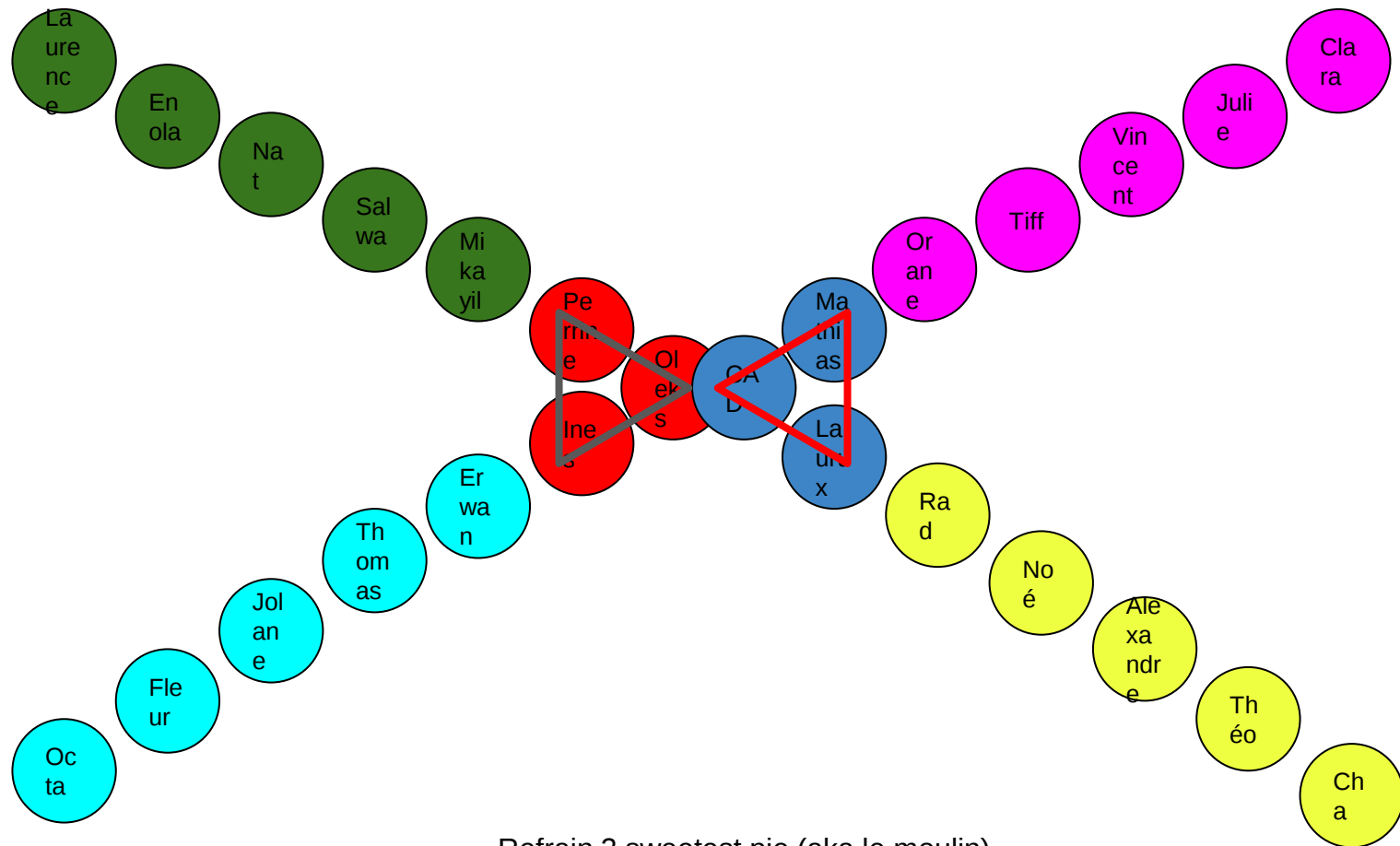


Sweetest pie début

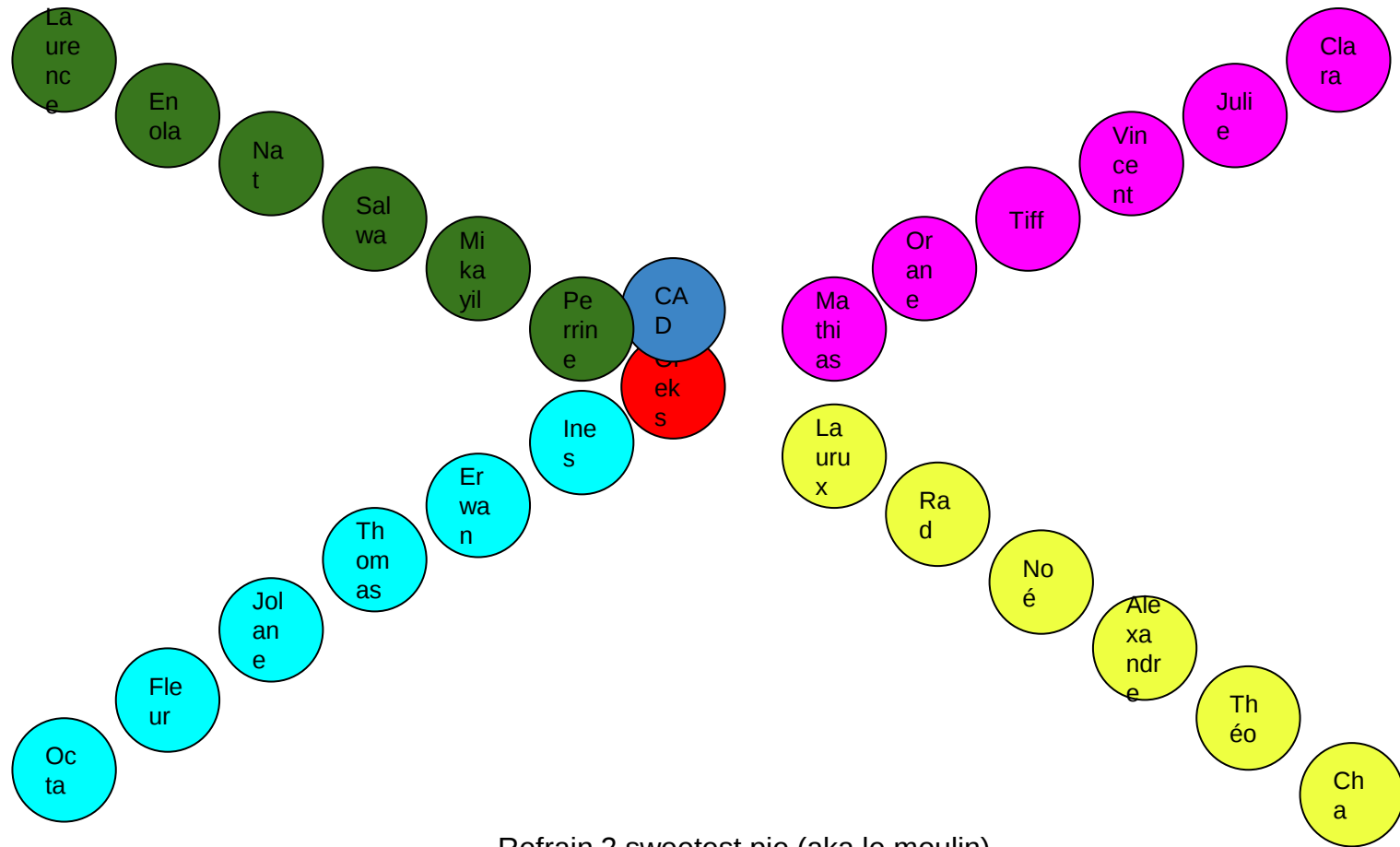
Les couleurs
sont remises
à 0 !!!!!



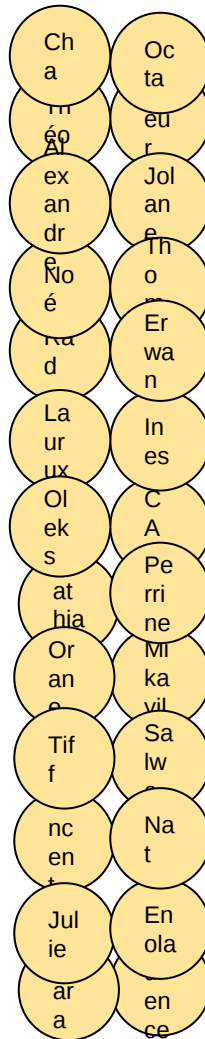
Refrain 2 sweetest pie
(déplacement dernier 8t Megan)



Refrain 2 sweetest pie (aka le moulin)



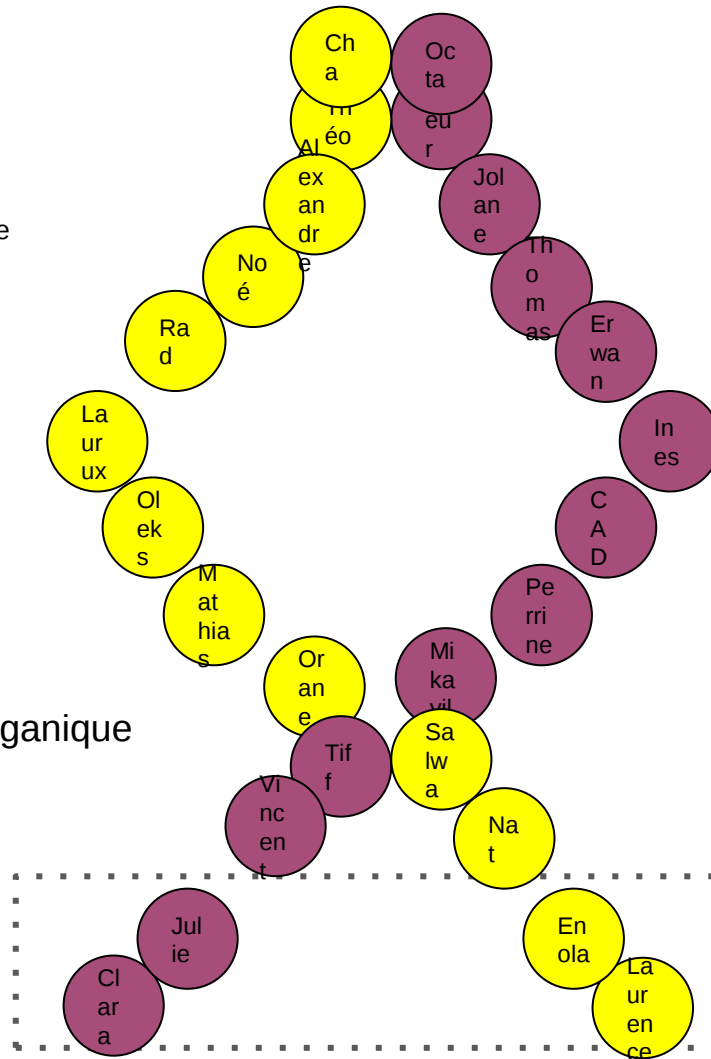
Refrain 2 sweetest pie (aka le moulin)



Sweetest Pie Créature organique

Règles:

- vous êtes forcément plus bas que la personne derrière vous
- votre corps ne doit pas masquer le pompoms de derrière



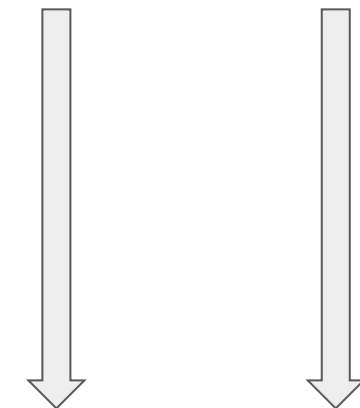
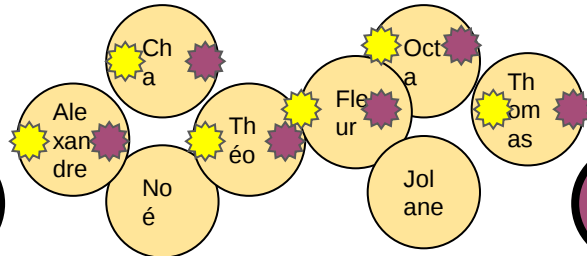
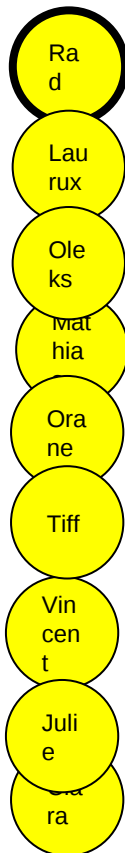
Sweetest Pie Créature organique

5-6-7-8-1-2-3-4-5-6-6et-7-8:

- Sortie, progressive tout le monde est à sa **position à 1**
- 6 - 6et secoue et revient brusquement **debout de face**
- 7-8: rien/fini de se relever
- 3-4-5: amorce du retour(pointillés)

Place la paire de Noé à son lieu d'arrivée

Jingle SNCF:
tum tum tu-**dum**
sortie du
pompom de la
bonne couleur



descente au niveau
Salwa et Tiff

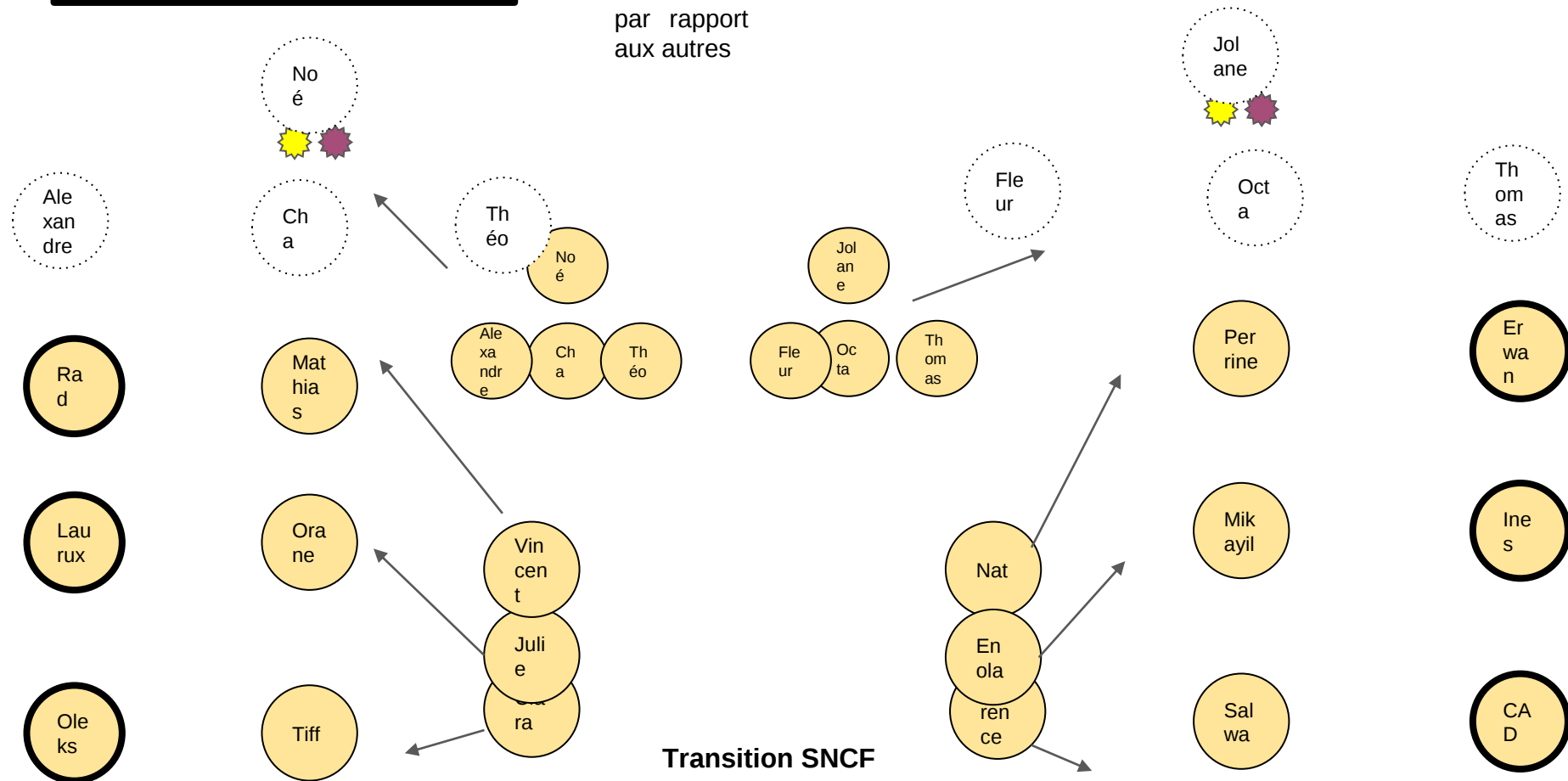
Transition SNCF

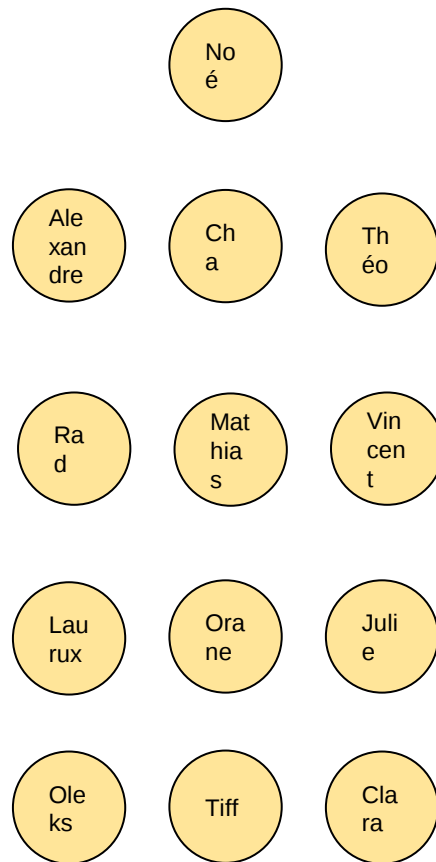
Place la paire de Jolane à son lieu d'arrivée



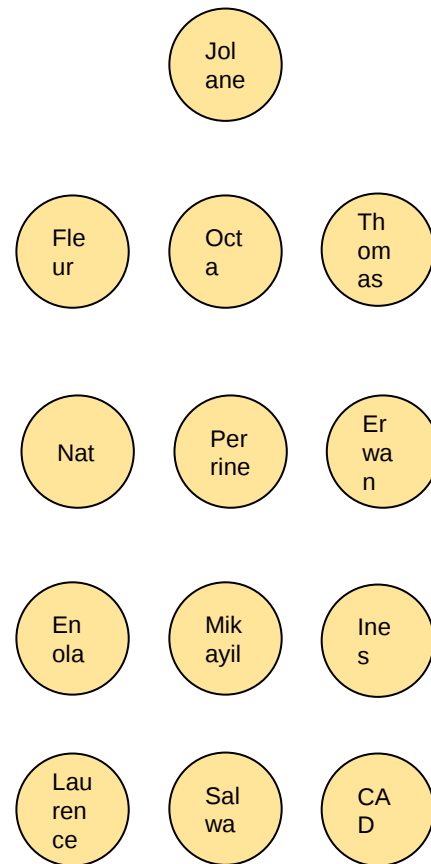
Fixent l'espacement des lignes

se calent
par rapport
aux autres

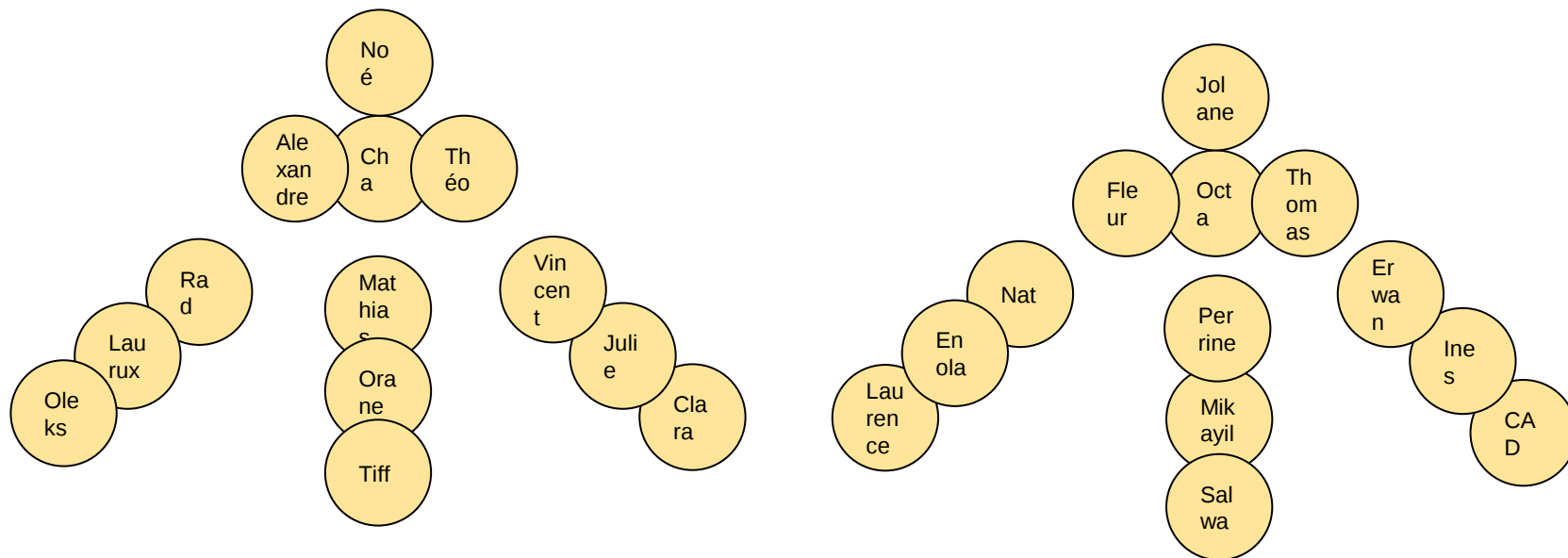




**Dernier jour du disco -
danse**



Mise en place lors du “car
wash” (5678 et la suite 1234)

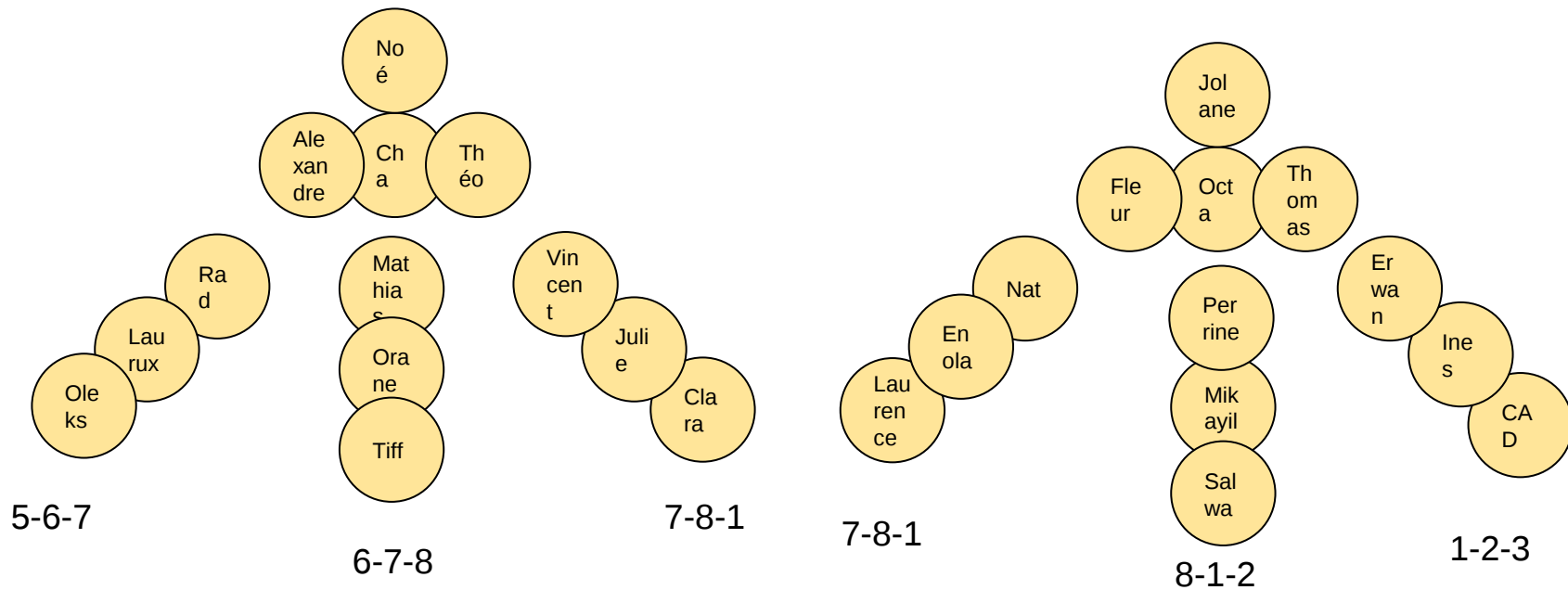


Le dernier jour du disco - Vagues

NB:
perfectionner les
rayons

**effet coquelicot 7t (5
à 3):** Le rayon s'assoit
lors de sa vague

Paroles : "comme un
coquelicot"

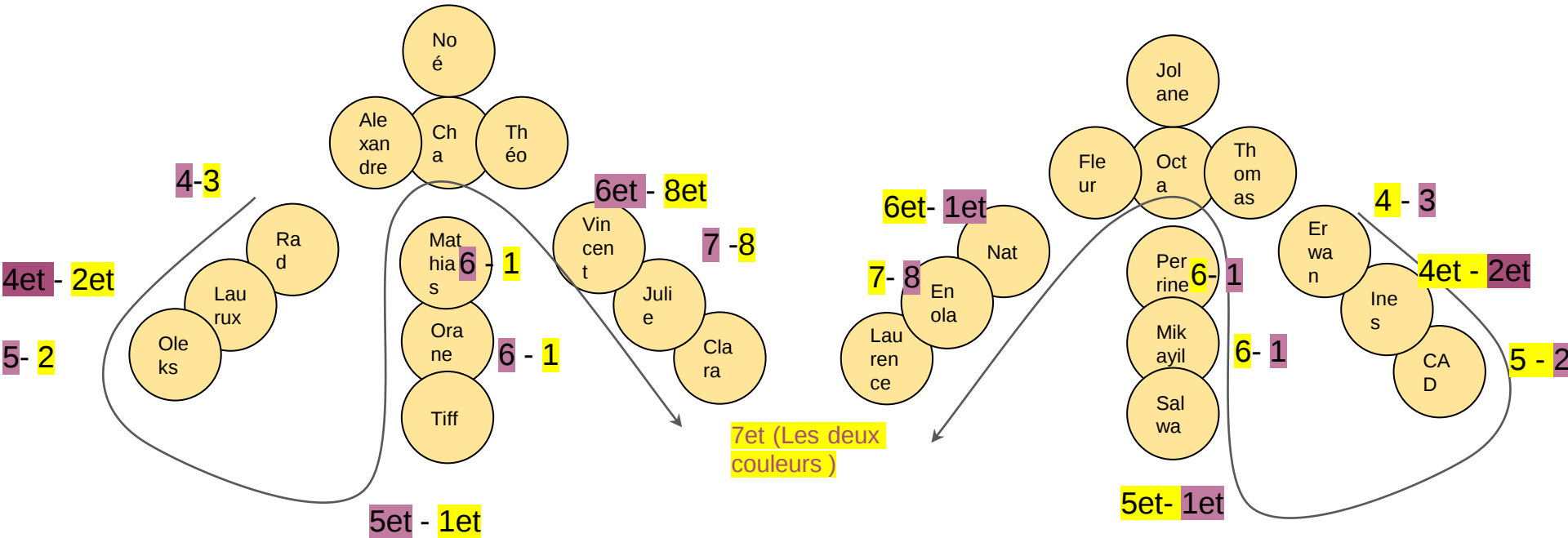


Le dernier jour du disco - Vagues

effet serpent (8 t) (4 à 3):

- Tape sur son temps et revient sur temps d'après
- Le tiret distingue l'aller du retour

Paroles : "Le dernier jour du disco"

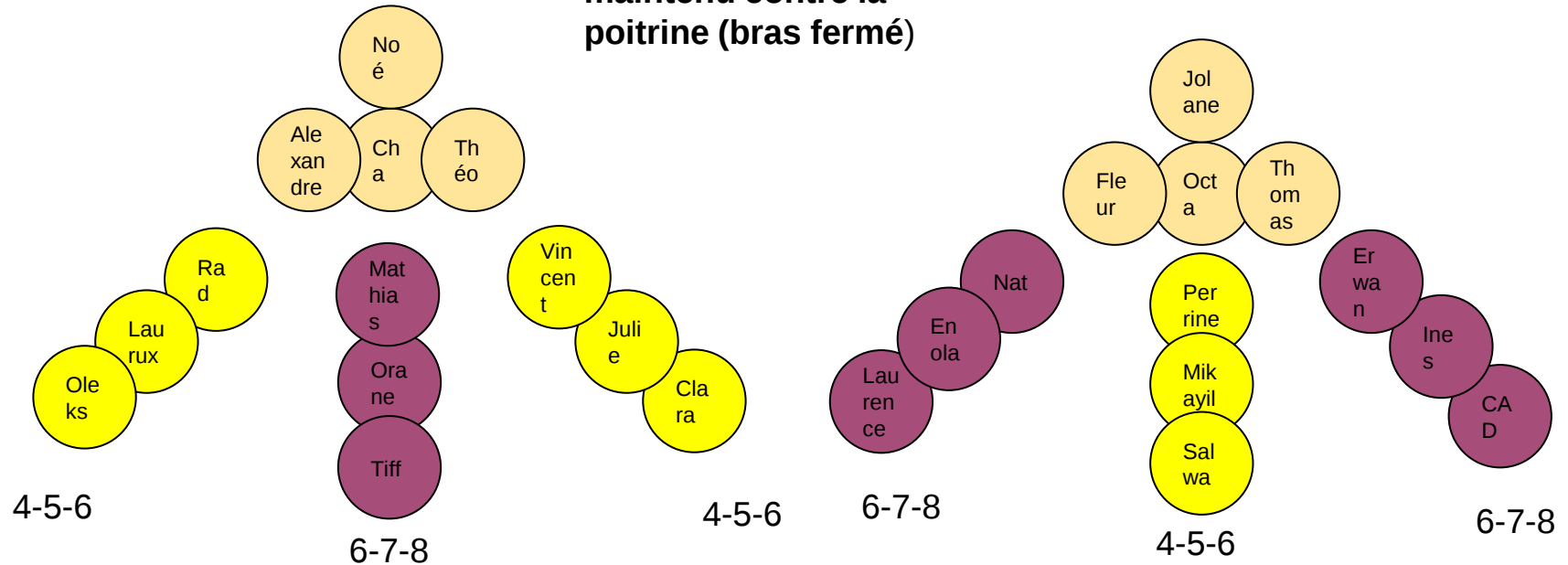


Le dernier jour du disco - Vagues

effet stéréo (partie 1):

- sort sur le premeir temps(4/6)
- referme sur le dernier (6/8)
- un pompom non utilisé et **maintenu contre la poitrine (bras fermé)**

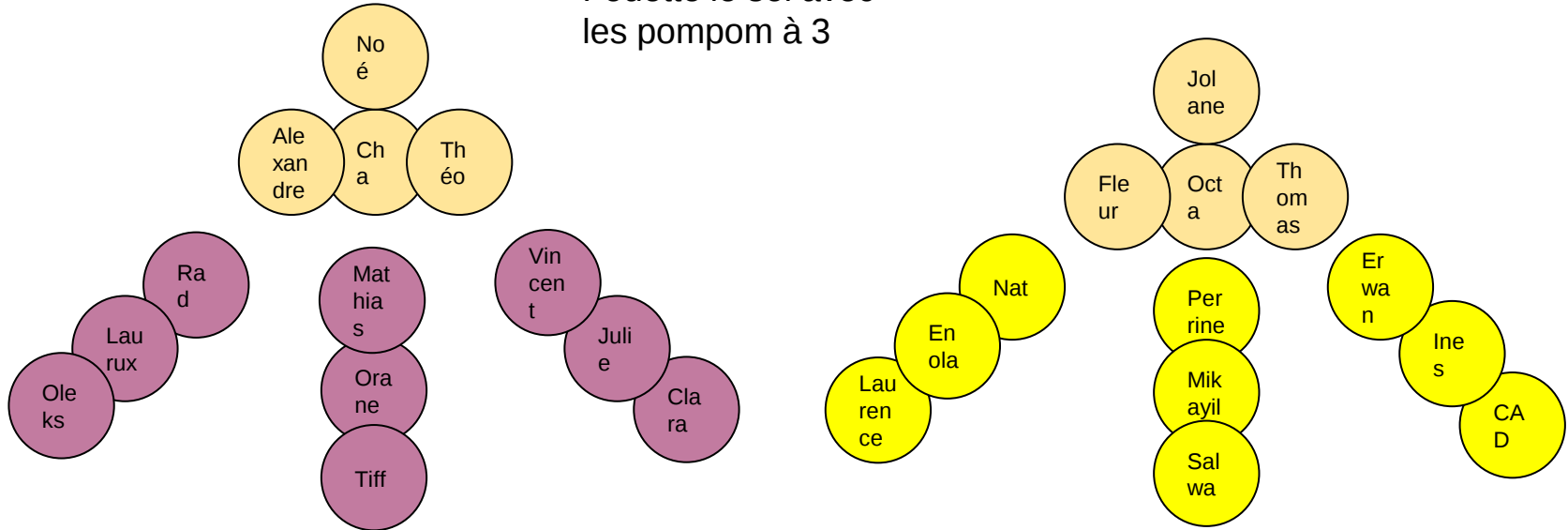
Paroles : “Je veux l’entendre en stéréo”



Paroles : “Je veux
l’entendre en stéréo”

effet stéréo (partie 2):

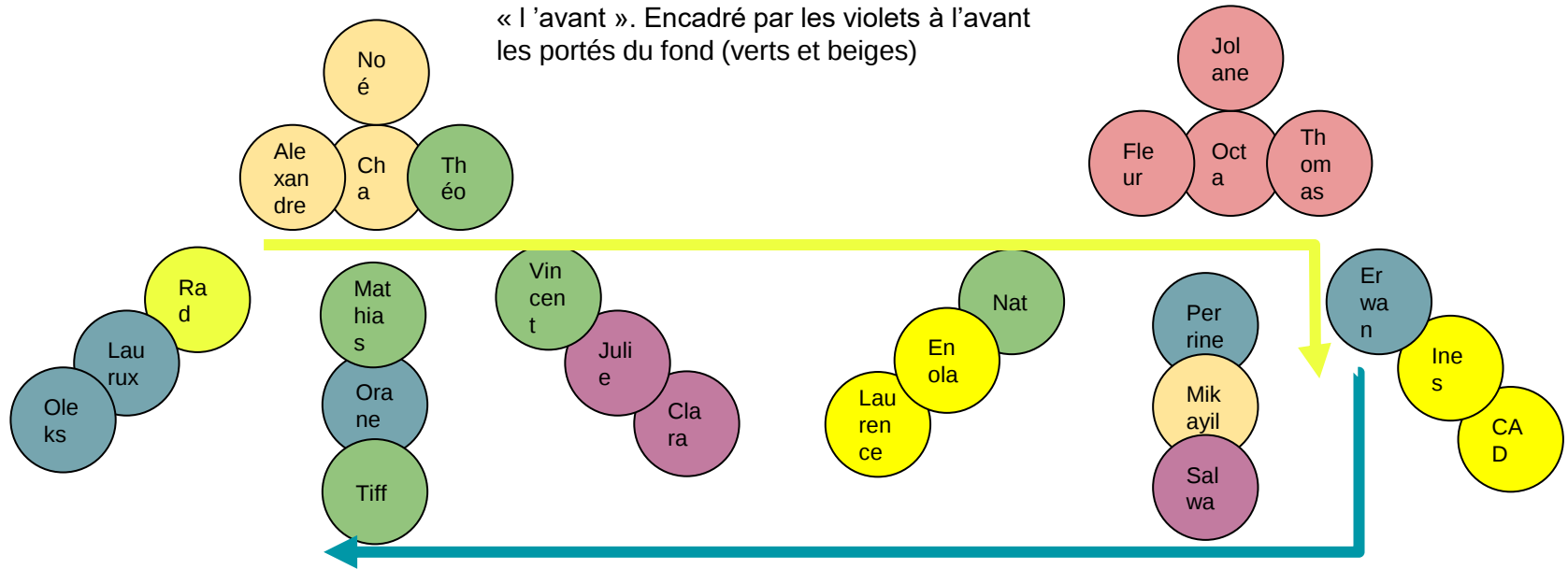
- sort sur le premeir temps(1)
- referme sur le dernier (3)
- Fouette le sol avec les pompom à 3

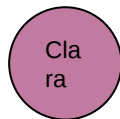
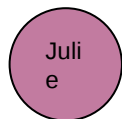
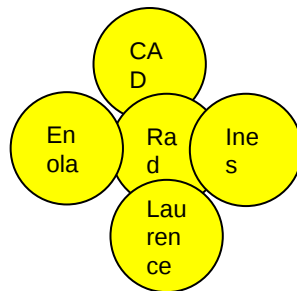
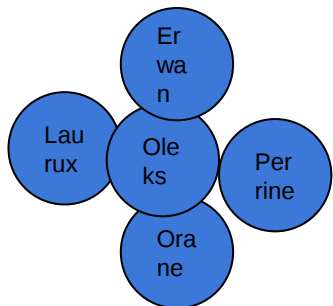
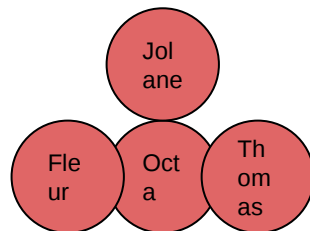
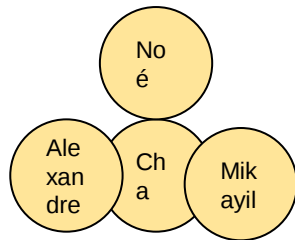
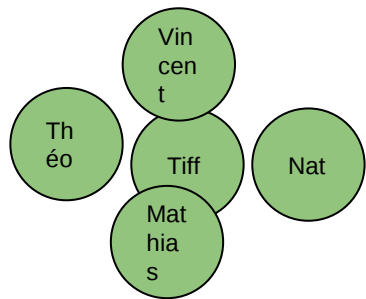


Le dernier jour du disco - Vagues

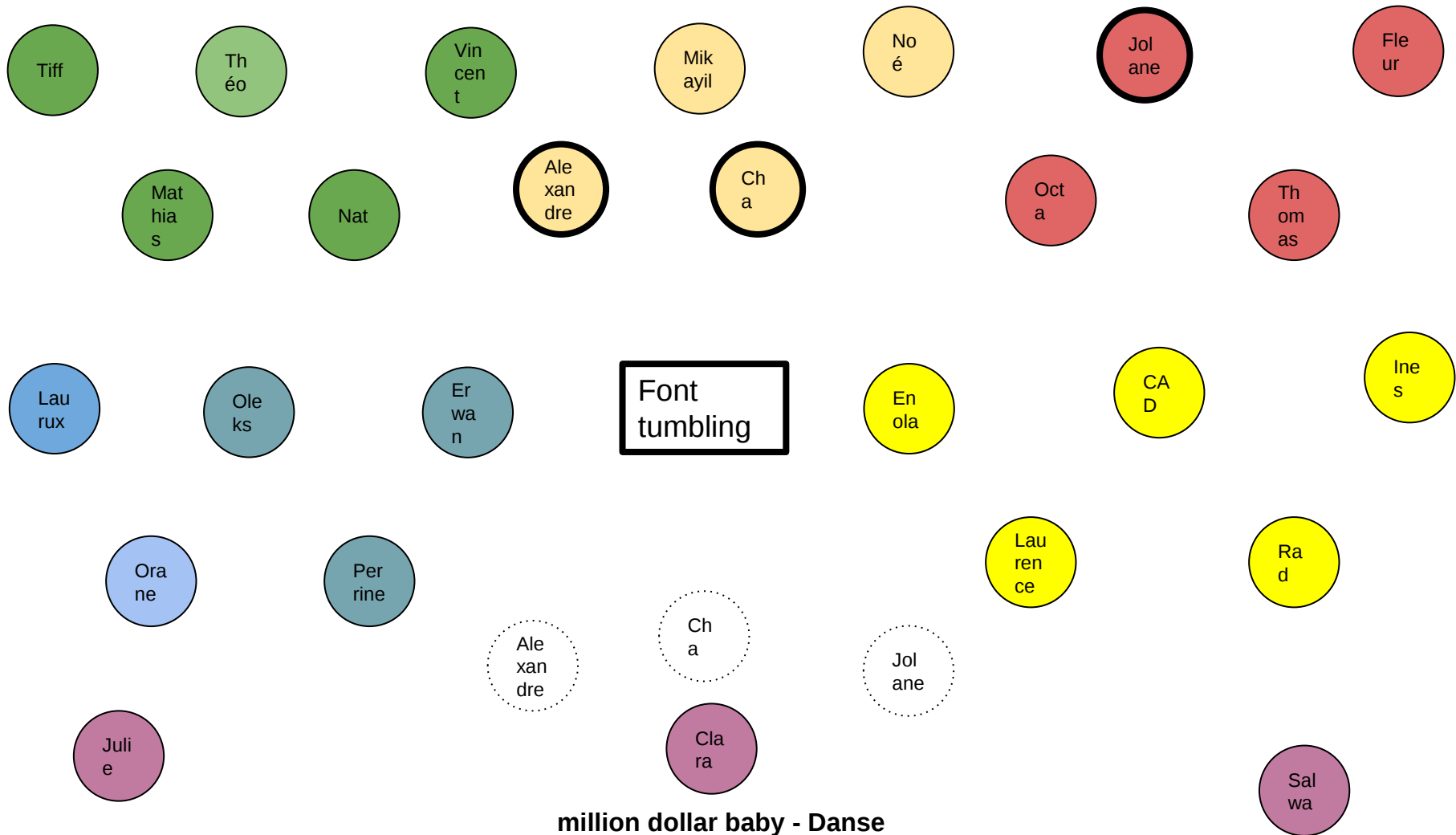
Couleurs futures groupes de portés;

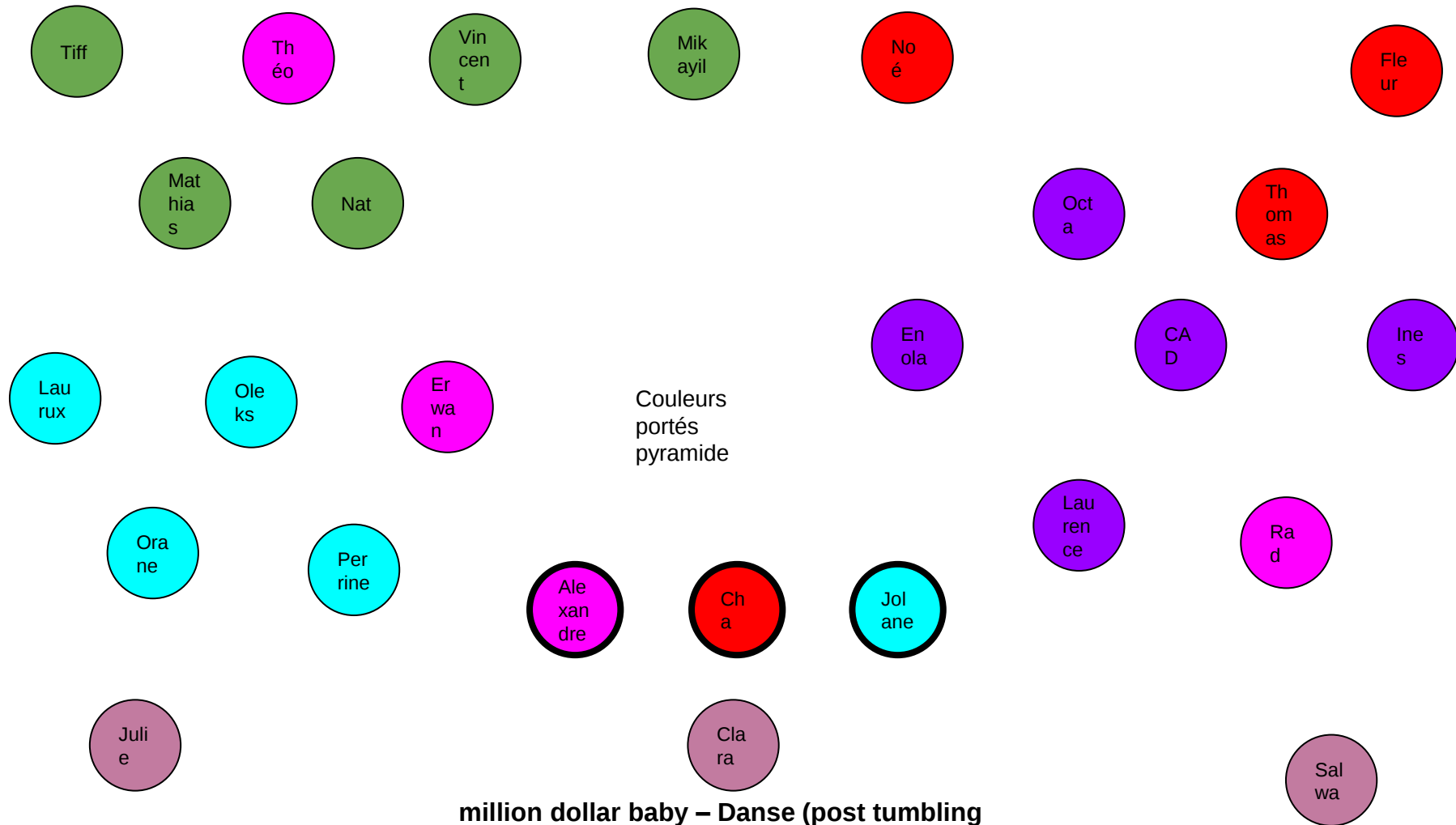
- Verts et Mikayil ont la priorité pour aller au fond (Orane attend passage de Tiff)
- Les violets **vite** devant pour dégager la circulation
- Pour faciliter le croisement Jaune –bleus, les jaunes passent « par le fond » et les bleus par « l'avant ». Encadré par les violets à l'avant les portés du fond (verts et beiges)

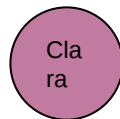
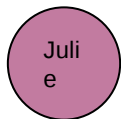
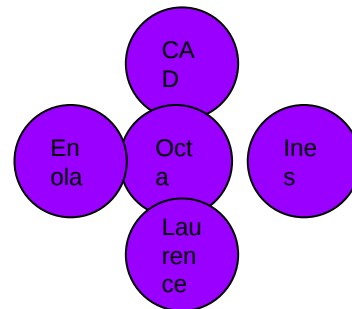
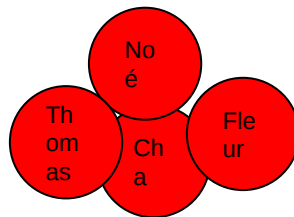
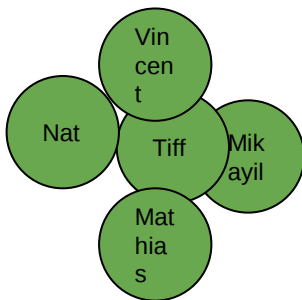
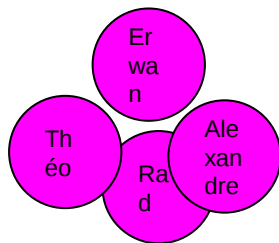
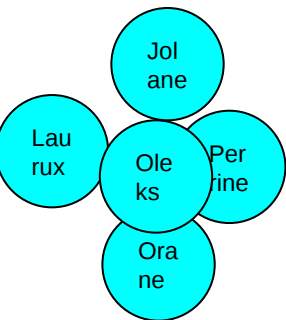




million dollar baby - Portés







Pyramide finale

